



INSTRUCTIONS FOR ENDOSCOPY

Please inform us if you are taking medications such as Aspirin, Coumadin, Plavix or any other anticoagulant. It is possible that we tell you to stop them if your primary care physician agrees. Notify us if you have a pacemaker or valve replacement.

YOU WILL HAVE TO REMOVE THE NAIL POLISH FROM AT LEAST ONE FINGER ON EACH HAND. OTHERWISE WE MIGHT HAVE TO CANCEL YOUR PROCEDURE.

The evening before your study, try to have an early dinner.

DO not eat anything after midnight. You can take your medications with a small amount of water.

The day of the procedure, you must remain fasting. If you are a diabetic, do not take your diabetes medication until you are instructed to do so.

IF YOUR PROCEEDRE IS SCHEDULED IN THE AFTERNOON YOU CAN DRINK CLEAR LIQUIDS (NOT RED) UP UNTIL TWO HOURS BEFORE YOUR PROCEDURE.

You must come in the company of an adult who can drive. We will not be able to perform the procedure if we are not clear on who is responsible to take you home after the procedure.

You can bring a blanket for your comfort. It is not necessary to bring a pillow.

Upon discharge, you will be given instructions on what to do after the procedure.