



INSTRUCTIONS FOR BRAVO pH MONITORING

Bravo pH monitoring is a test designed to evaluate the episodes of gastroesophageal reflux that occur within a 48 hour period.

After performing an endoscopy, a small capsule will be placed in your esophagus using a special delivery device. The capsule will adhere to your esophagus and will transmit pH readings to a receiver that you will have in your waist or hanging on your neck.

Upon discharge, you will be informed if you are to continue or suspend your anti reflux medications for the 48 hours you are undergoing the procedure.

You may resume your normal activities, once the effects of sedation are gone. It is important that you keep the receiver with you at all times, so that it goes on recording. The receiver is a very delicate piece of equipment, please DO NOT get it wet and protect it from damage.

At the end of the 48 hours, the receiver will stop recording and will turn off. If your study started on a Thursday or Friday, please return the receiver to our office the following Monday. If it started Monday, Tuesday or Wednesday, return it the first workday after the 48 hours have passed. Once you return it, the data will be downloaded to a computer program for analysis and interpretation by the physician.

The capsule is disposed of by the body about 7 days after the study. Avoid having magnetic resonance studies performed during this period. Some patients might experience a sensation of having "something in the esophagus" or in the chest. It is normal and should improve after the second or third day.

